

Strand - Visit schedule – Group 2

March 13TH Arrival-Day and many tips...

Ansvar: Alle

We recommend that you find the hostel and get comfortable, then maybe visit the swimming pool in Keflavík (the kids can enjoy themselves in the pool and they will become very hungry and tired, so you might grab a nice take-away to bring to the hostel or eat at any of the local restaurants)

Faglig innhold: Bli kjent med Island. Faglig samling med gjennomgang av kompetansemål og hvordan oppdrett drives på Island.

Kompetansemål:

Vg3 akvakultur:

- reflektere over hvordan driften av et akvakulturanlegg påvirker fiskevelferd og miljø, og hvordan driften kan bidra til verdiskapning

Vg2 drift og produksjon

- beskrive organiseringen av en akvakulturbedrift og vurdere sammenhenger mellom innsatsfaktorer, eget arbeid og økonomi
- drøfte hvilke krav og forventninger som stilles til et likeverdig og inkluderende yrkesfelleskap, og beskrive hvilke plikter og rettigheter arbeidsgiver og arbeidstaker har i arbeidslivet

Biologi og miljø:

- vurdere sammenhengen mellom akvakulturarters biologi og ulike driftsformer
- beskrive miljøpåvirkninger fra akvakulturvirksomhet og drøfte hvordan disse kan reduseres
- drøfte hvordan akvakulturvirksomhet kan drives i sameksistens med andre interesser

Anlegg og teknikk:

- beskrive hvordan aktuelle anleggstyper innenfor akvakultur er bygget opp, og drøfte anleggets funksjonalitet

Arrival 12.30-ish

Lunch at hotel (gathering). Ut og spise I nærområdet. Eirik betaler.

Activity: Low key (no pre booking). Svømmehall I Keflavik. Lokalt kjøpesenter.

Dinner late: Burger in the area/fish & chips? Betal på stedet.

Swimming pool:

<https://www.reykjanesbaer.is/is/mannlif/utivist/sundlaugar/vatnaverold-waterworld>

A few suggestions regarding food for hungry students:

Fitjar shopping area near your Hostel

Bónus and Krónan for shopping: Bread, soda, and such necessities. In the area there are also Dominos and Sbarro pizza places, Subway,

-and our favorite: Fish & Chips <https://issi.is/>

We can also recommend the local bakeries, such as:

Sigurjónsbakarí <http://www.sigurjonsbakari.net/> and Kökulist https://kokulist-bakery.business.site/?utm_source=gmb&utm_medium=referral

Thai food: Panda <http://www.kinapanda.is/> and Thai Keflavík <https://takeaway.dineout.is/thaikeflavik/order?fbclid=IwAR0bjrkYDvnx48UOVNfWQP24YBVx-2F-mLY4KT-uvXvC4uA-YaJPVw9PXiA&lng=en-US>

Rétturinn, only serves lunch: <https://www.retturinn.is/>

Other fast food: Villi's hot dogs and burgers, Búllan burgers, Biryani, KFC, Anton's.....

And for more fine dining: Kef restaurant or Library Restaurant

March 14TH Day 1 Sandgerði

Ansvar: Eirik og Asle

A day in Sandgerði

08:30 The Sudurnes Science and Learning Center

MARINE LIFE ON THE SEASHORE + RESEARCH EXCURSION (GUIDED TOUR)

Duration: 2 hrs (approx) - Price 1500 ISK per visiting student, to be paid at site

10-12 **Samherji** - Sandgerði

1:30 Lunch at **Sjávarsetrið** a local restaurant

To end the day, we can recommend a dip in the swimming pool in Sandgerði or Garður or a nice walking tour.

Activity: As suggested (optional)

Dinner: Kef Restaurant Keflavik -> You need o book a table. Eirik bestiller og betaler.

Evening: Seljavallalaug (optional/low key)? -> Very interesting but it is about a 2,5-hour drive from your hostel so you need to count that in -also you will pass many gorgeous waterfalls and tourist points of interest on the way...

Long weekend off – Fri-Sat-Sun Days 2, 3 and 4

During the weekend we could recommend a trip called the Golden Circle

Maybe horse riding trips such as: <https://borginokkar.is/thjonusta/ishestar> or

<https://borginokkar.is/thjonusta/eldhestar>

And/Or a whale watching trip: <https://elding.is/> (If you are interested in this we could send an inquiry for a group price)

March 15th Day 4

Ansvar: Anne May, Benedicte og Ole Jacob

Activity: Whale watching (from Reykjavik?) + a day in Reykjavik. Is it possible to do whale watching tours on RIB boats in this area? Ragga bestille?

Lunch: Perlan. Spurt om bord kl 14. Venter på svar. Vil ha museum.

Dinner: Sushi Social

Evening: Low key, in Keflavik

March 16th Day 5

Ansvar: Eirik og Asle

Activity: Golden circle --> Gullfoss (plus maybe geysir) and zipline / Thingvellir national park with snorkeling. [Link til Troll adventures](#)

https://www.getyourguide.no/hveragerdi-110419/fuglen-var-konvensjonelle-tur-med-mega-zipline-iceland-1450842/?ranking_uuid=5b232f71-c277-4816-b9db-0ee076ede5d0

Dinner: Take-away (will be a long day)

March 17th Day 6

Ansvar: Anne May, Benedicte og Ole Jacob

Activity: Hva med å besøke hval båt? Ta kontakt: kl@hvalur.is

Dinner: Home-made dinner in the hostel

Evening: in the hostel

March 18th Day 5 Reykjavík. Bytt hotel.

Ansvar: Eirik og Asle. Hent Adrian på flyplassen.

Educational day in Reykjavík – The Icelandic Ocean Cluster

9:30-11:00 **Fisktækniskóli Íslands** – Klemenz our headmaster will introduce our college and our study lines.

11:00-12:00 **Reykjavík Maritime Museum** (Next door to the Ocean Cluster) Free admission for your group through the Icelandic College of Fisheries

12-13:30 **Lunch at Grandi Food Hall** (downstairs at the Ocean Cluster)

13:30-15:00 Alexandra from FTÍ will introduce **the Ocean Cluster**

Activity: Være I Reykjavik?

Dinner: Himalayan spice, Reykjavik. Venter på svar om booking kl 17.

Evening: in Reykjavik?

March 19th Day 6 Garðabær

Ansvar: Anne May, Benedicte og Ole Jacob

Educational day in Reykjavík – Marel

9:00 Visit to **Marel** in Garðabær

Lunch – to be decided. Ikea?

Activity: Check out eruption site(s)? Grindavik?

Dinner: In Reykjavik. Mathall?

Evening: In Reykjavik

March 20TH Day 7

Ansvar: Eirik og Asle

A visit to Ölfus to a Land based Aquaculture company – Hopefully we find an employee from FTÍ to accompany you this day

Based on the hotel location a stop could be made at a scenic geothermal area on the way there or back, the South coast road will pass the latest eruption site e.g.

Lunch – Lunch – you decide, maybe at a local kiosk or a food hall – Gróðurhúsið is in Hveragerði and Mjólkurbúíð is in Selfoss

13:00 **Íspór/Arnarlax** will welcome the group for a visit, they will probably split into smaller groups at the site. A land based smolt company

Activity: Reykjadalur hot spring thermal river. Is this possible to combine with the visit to the land based aquaculture company in Ölfus?

Dinner: In Hveragerði?

Evening: In Keflavik. Bistro på hotellet.

March 21ST Day 8

Ansvar: Anne May, Benedicte og Ole Jacob

Pakke?

Lunch at Fitjar **or where you want**

13:00 **Algalíf, Ásbrú** -A visit to an innovative astaxanthin production company

Afterwards you could drive to Brimketill, Gunnuhver geothermal area and the Bridge between two continents if possible, regarding weather.

Activity: Blue lagoon venter på svar.

Dinner: Hard Rock, Reykjavik. Venter på svar.

Evening: In Reykjavik/Keflavik

Blue lagoon

Blue Lagoon is currently open so you can choose a day to visit, however there is an ongoing volcanic hazard so it can close with a short notice. We can check for a group deal if you want or if you rather like to go to Sky Lagoon, Krauma, Secret Lagoon or other natural/geothermal pools

22. mars: Evaluering og hjemreis.

Ansvar: alle.